

AAUW Impact

empowering women since 1881

American Association of University Women

Volume 29 No 7

April 2015

Women's Health-Fitness Yoga/Breathing Helping You De-Stress During your Work Day

Tuesday, April 28th

6:45 Social 7:00 Business Meeting 7:15 Program



Are you looking for a way to de-stress your day? Whether you are employed, retired or just tired, you don't want to miss our next meeting. Come and learn how yoga can improve your health and attitude. No yoga mats are needed. Wear comfortable clothing and a chair will be provided. You will learn the benefits of Hatha Yoga. Handouts will be available so you can practice what you've learned at home as well.

We are pleased to have as our April program, Ruth Armstrong, a dedicated Yogini, owner/teacher at Integrated Yoga Studio. She has been practicing Yoga for over 25 years and teaching for more than 10 years. She began practicing in 1985 in Chicago, IL and has studied under many world-renowned, inspirational teachers such as Seane Corn, Shiva Rea, Baron Baptiste and Daren Friesen. To learn more about her visit her website www.yogawisconsin.com.

If you have never done Yoga and prefer to just watch, that's okay too. See you on Tuesday, April 28, 2015.

IMPACT is published monthly
September through May (except Dec.)
by AAUW, Janesville Branch,
Wisconsin.

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Articles for the next issue are due:

To Janet, Wed. April 29

AAUW values and seeks a diverse membership

Co-Presidents – Diane Adams	(815) 624-7773
Emily Scheuneman	(262) 473-2998
VP Program - Deb Cross	(608) 758-1659
VP Membership – Dawn Olson	754-3740
Secretary – Jane McBride	563-4710
Finance VP – Lynn McVicar	754-5092

AAUW's Mission: Advancing equity for women and girls
through advocacy, education and research.

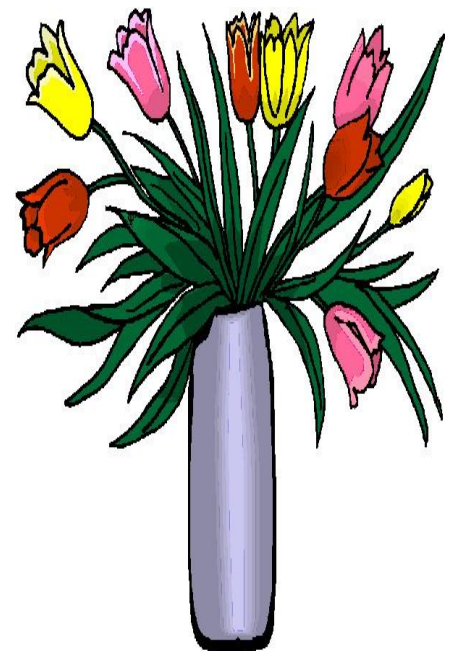
PRESIDENT'S MESSAGE

Spring officially arrived which is good news for a lot of reasons. It's amazing how one's attitude changes with the appearance of little green plants emerging through the mulch and the sound of birds singing in the morning. Much to our delight, many of our snowbird members are returning and a few, that don't trek out in winter, are appearing again.

On reflection, our chapter has had a very good winter despite the weather. We cope very well and made a January Brunch and a Used Book Sale successful events. Thank you again for such enthusiastic participation. The joint program with DAT celebrating women's history month U. Rock on March 5 was attended by six of our members. We are glad to be involved in this common cause with the Diversity Action Team.

Looking ahead, we are beginning to set out plans for 2015 -16. At the Board Meeting, April 7, Tuesday at 6:00 pm in HPL's Community Room will be the forum for those plans. It will be a normal meeting discussing April, May and June's (joint with DAT and Book Discussion) Branch Meetings, as well as, a start at setting up our programs for 2015-16. Everyone that can, should attend. It is the most important board meeting of the year. Hope to see you there.

Emily



Title IX: Entitled to Succeed

AAUW-WI State

Convention

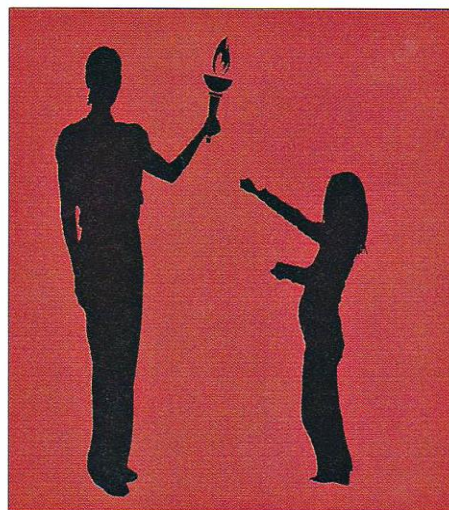
April 24—25, 2015

The Osthoff Resort in

Elkhart Lake

Registration deadline:

April 6



Keynote Speakers: TMJ4 sportscaster and author of *My Life with the Green and Gold*
Jessie Garcia & Wisconsin Supreme Court Chief Justice Shirley Abrahamson

Details at www.aauw-wi.aauw.net



**Be Sure to
Vote
April 7th**



Note: this program is this week Thursday. Looks like a good program.

AMERICAN HISTORICAL PERSPECTIVES:

*HIS*TORY TO *HER*STORY

When: April 2, 2015
6:30 pm – 8:00 pm
Where: Beloit Public Library – 605 Eclipse Blvd.
Beloit, Wisconsin

The Diversity Action Team and the Beloit Public Library invite you to join us for an informative presentation about American History – the real story of America...

- Contributions, challenges and success of women and minorities
- Reforms of modern American history and the decades of struggle
- Inspiring leaders who spoke on behalf of those who had no voice
- Tapestry of America – woven from Native Americans to our most recent immigrants of today

Open to the public – free to attend.

Questions, please contact: Jeanne Carfora at (608) 756-1815 or email at diversityactionteam@gmail.com.



DIVERSITY ACTION TEAM OF ROCK COUNTY

www.datrockco.org

FACEBOOK: The Diversity Action Team of Rock County

Email: diversityactionteam@gmail.com

Phone: (608) 756-1815



MEET OUR MARCH STUDENT OF THE MONTH

Parker High School senior Grace Randles was recognized by our branch as our March student of the month.

Grace is involved in DECA, serving as president for 2 years, National Honor Society, Science National Honor Society, Spanish National Honor Society, for which she serves as Vice President, and is a class representative. She also runs Cross Country and plays basketball and soccer, earning a letter in each sport. Additionally Grace has earned the Best Defense award for basketball and was named most dedicated for soccer.

Grace currently works at Walgreens. Despite being busy at school and holding a job, she still finds time to volunteer extensively in the community including reading to children at Washing Elementary, compiling fruit baskets for Rotary, and labeling canned goods for ECHO.

After graduation, Grace plans to attend Winona State University to pursue a major in Human Resources with a minor in Political Science. While at college, Grace hopes to be involved in intramural sports, a sorority, and possibly start a collegiate DECA Chapter.

Nominating Committee Reports

We are pleased to announce that **Kathy Thostensen** has agreed to accept the nomination for treasurer, and **Pat Phillips** has agreed to accept the nomination for President Elect. Pat will begin her duties as co-president for the 2016-17 program year with Diane Adams. **Mary Buehlow** has accepted the nomination for the job of Program Vice President. These women will be elected in April, and installed in May.

Here is a message from Pat.

I'm so happy to be back in Janesville and back with good friends in AAUW! I taught home economics and then, computer science, for 25 years at Craig High School, then moved to Arizona after retiring in 2005. We moved back to Janesville in 2013...I just needed green grass, black dirt, old friends, and family.

Before moving to AZ, I was an AAUW member for 10+ years. I was first introduced to AAUW by good friends at Craig in the early 1990s. Motivated by the AAUW focus on making opportunities for women and girls, I formed the Craig "Dreams" club to get girls interested in technology-related careers. Janesville AAUW helped fund our activities the first years. Personally, I would have been lost without the interesting branch meetings, potluck dinners, holiday auctions, and the invigorating conversations and socializing in our book discussion group.

I'm looking forward to serving as Janesville AAUW co-President with Diane Adams next year. I know that the power of our members lies in the power of our joined efforts. Think big! What is your dream for the impact Janesville AAUW can have on our community? My personal big AAUW dream is to build our membership. We have too much to offer to keep it a secret. What should our goal be?...double what it is today? Janesville has literally 1000s of potential AAUW members. Surely, we find 45 women to share our excitement and dedication to improve the opportunities of women and girls...not to mention have fun and build friendships to last a lifetime!

I know that 2015-16 will be an exciting year in which we will do great things for women and girls in Janesville and beyond. Thank you for your confidence in me to help Janesville AAUW reach its goals.

**Please print this page, and send in your dues as soon as possible.
It will make the job of the treasurer easier.**

**AAUW MEMBERSHIP RENEWAL FOR 2015-2016
JANESVILLE BRANCH**

***Advancing equity for women and girls through advocacy,
education, philanthropy, and research.***

Note: \$46 of AAUW National dues **are now deductible** as charitable contributions for federal income tax purposes. AAUW Fund contributions are tax deductible to the extent allowed by law.

Please print clearly & highlight new or changed information.

Name:		
Address:		
City:	State:	Zip Code:
Phone #:		
E-mail address:		

My email may be used for: ___All AAUW emails ___Only for electronic IMPACT

Membership Categories: (please CIRCLE the category that applies to you)

\$95 Renewing or new member and you **have not paid** Woman's Club dues directly or through another organization (National dues \$49, State \$13, Branch \$13, Woman's Club \$20)

\$75 Renewing or new member and you **have paid** Woman's Club dues directly or through another organization (National \$49, State \$13, Branch \$13)

\$46 Paid Life Member (State \$13, Branch \$13, Woman's Club \$20)

\$26 Paid Life Member who is also a member of Woman's Club(State \$13. Branch \$13)

\$17 Student Affiliate --National. (Optional State membership for an additional \$6.50)

\$20 Honorary Life Member who has not paid Woman's Club dues directly or through another organization.

\$0 Honorary Life Member (If you've been an AAUW member for 50+ years)

Additional Contributions:

\$_____ AAUW Funds (National)

\$_____ Scholarship: Supports our local scholarship giving

\$_____ Sponsorship: Helps subsidize memberships for our members based on need.

Total Amount Enclosed: \$_____

Due Date: June 16, 2015

Make checks payable & remit to: AAUW - Janesville Branch
PO Box 8033
Janesville, WI 53547-8033

Anyone who is interested in a confidential payment plan or in sponsorship opportunities, please contact

Kathy Thostensen Finance VP at (608) 754-7311

From the Janesville Art League

Tuesday, May 26, 2015 - Chicago Architectural Tour

Our day will begin by boarding the Van Galder bus at 7:15am located at the Kmart parking lot in Janesville. Any questions call Gina Helgesen – 608-563-0762

First stop will be at the Driehaus Museum for a guided tour (approx 70 minutes) The Driehaus Museum, is located just steps away from the hustle of Chicago's Magnificent Mile, and immerses visitors in Gilded Age-era decorative arts, design, and architecture, all in the culturally and historically significant setting of one of the grandest residential buildings of 19th-century Chicago, the Samuel M. Nickerson Mansion. We will be fortunate to see the groundbreaking Maker and Muse Exhibit.

Maker & Muse

Women and Early 20th Century Art Jewelry features more than 250 exemplary works of art jewelry between the Victorian Era and the First World War. This groundbreaking exhibition illuminates the International proliferation of art jewelry through the lens of woman as its maker and muse. Drawn from the Driehaus Collections extensive jewelry holding and prominent national collections, many of these stunning pieces have never have been seen by the public.

After our tour at the Driehaus Museum we will be heading to lunch at the Howells and Hood Restaurant nestled at the base of the legendary Tribune Towers. Incorporating signature elements into their design, Howells and Hood pays homage to John Howells and Raymond Hood architects of the Neo-Gothic Landmark. Menu choices will be available at the time of your reservation. There will be at least three meal options.

To finish up our day we will have a five-minute walk to the **Chicago Architecture Foundation River Cruise** to board Chicago's First Lady. This tour is a "must" for out-of-towners and Chicagoans alike. CAF certified volunteer tour guides—called docents—interpret more than 50 buildings along the Chicago River, revealing how the city grew from a small backcountry outpost into one of the world's most important crossroads in less than 100 years. This tour is 90 minutes.

At **3:45** we will board the bus and head for home!

Deadline for sign up: May 4th

Discounted Cost: Members \$120 – Discounted for Non Members \$140

Coffee, tea and soft drinks will be included with lunch. Alcoholic beverages will be the responsibility of the individual guests

Late sign-up: May 12th

Cost: Members \$130 Non Members: \$150

Minimum participants 40 – Maximum 56

This tour will go on rain or shine. Reservations are non refundable.

Please contact: The Janesville Woman's Club to make reservations

Payment will be needed at time of reservation.

Checks to be made payable to JAL

Drop off or mail check to:

The Janesville Woman's Club, Attn: JAL/108 South Jackson St., Janesville, WI 53548

Food choices will be the following - tea, coffee and pop will be included -

1. Chopped Salad - marinated grilled chicken, romaine, radicchio, belgian endive, hearts of palm, radish, goat cheese, sweet corn, relish, kalamata olives, sweet and sour tarragon dressing **(GF)**
2. Pastrami Reuben - house made pastrami, bacon braised sauerkraut, sweet swiss, horseradish Russian dressing, marble rye. Served with olive oil parsley fries
3. Fish Tacos -chili crusted Sitka Sound halibut, jalapeño puree, chipotle citrus cabbage, micro cilantro, house made white corn tortillas. Served with smoked bacon pinto beans
4. Salmon Burger - sauce gribiche, beefsteak tomato, bibb lettuce, red onion, toasted white grain bun. Served with olive oil parsley fries
5. Falafel - Cucumber, tomato, butter bean hummus, sa star spice, cilantro, shishito yogurt, and naan bread **(Vegetarian)**

-- Thank you so very much!!!

Gina A Helgesen

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David McGrath
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Business: 608/752-2771
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Sometimes great families are built not born

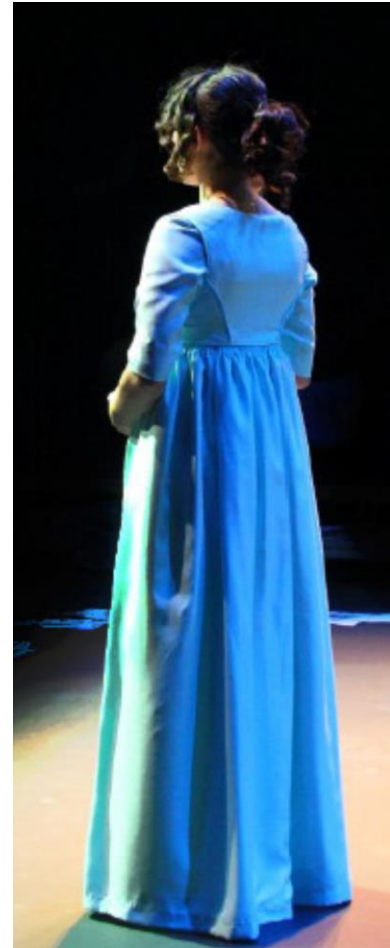


**Sunday, April 12
2 p.m.
Hedberg Public Library**

316 S. Main Street Janesville, WI

Enjoy a one-woman theatrical performance that brings the world of Jane Austen to life through a contemporary lens.

Free and open to the public



Book Discussion

The book discussion group met in March at the home of Paula DeRubeis. We enjoyed a lively discussion of the book *Wild* by Cheryl Strayed. We talked about other books about long walks including *A Walk in the Woods* by Bill Bryson and *Grandma Gatewood's Walk* by Ben Montgomery. In April we are reading *A Tale for the Time Being* by Ruth Ozeki. We are meeting at Janet Dow's at 7 pm. Future selections include: *The Language of Flowers* by Vanessa Diffenbaugh and *The Invention of Wings* by Sue Monk Kidd. This selection is for a June co-meeting with DAT, and all of our branch members are encouraged to attend. A full list of summer books and locations will be in the May Impact.

Happy Reading, Paula



Rock River Philharmonic News



Rachel Barton Pine – World

Violin virtuoso **Rachel Barton Pine** will be playing with the Rock River Philharmonic for the first time on **Saturday, April 25 at 7:30 p.m.** She plays with passion and conviction across an extensive repertoire. Join us at **The People's Church in Beloit** to watch her thrilling rendition of the Dvorak Violin Concerto. Also on the program will be Mozart's "Overture to *Don Giovanni*" and Beethoven's Symphony No. 5. Tickets are \$22 for adults, \$5 for college students and free for K-12 students.

Philharmonic Remixed

On **Friday, May 8**, come to the **Ironworks Campus in Beloit, from 6-8 p.m.** Try your hand at creating a piece of art. Select musicians will perform solos to be mixed by DJ John Manion. Blending classical selections with electronic music is the perfect demonstration of contemporary music's symphonic roots. A local artist will be on hand to show you how it's done. All materials will be provided. Be sure to stop by and check out this sneak peak at our Explorer Series! Free and open to the public. Contact the Rock River Philharmonic, 444 E. Grand Ave., Suite 100, Beloit, for more information (608-313-1200), or www.rockriverphil.org. Tickets are \$10 for adults, College students \$10, \$5 for K-12 students.

**Philharmonic Remixed involves the creation of art. Please keep that in mind when selecting your attire.*

Super Fundraiser Style Show April 18 Reservations due April 10th

Turn in Raffle Tickets, and consider donating something for the silent auction. Refer to your mailing, and the recent edition of *Janesville Women* for more information.



HOLIDAY AUCTION A SUCCESS!

What a fun night! We want to first thank our auctioneer, Jan McCann, for a fabulous job. She kept us in stitches while encouraging us to bid and made short work of selling every item on the table. Thanks also to Diane Adams for contributing an original piece of copper art for the raffle. Through your generosity we were able to raise \$871 for our local scholarship giving and \$719 for the AAUW Funds, the national endowment branch of AAUW which supports research, education, and advocacy.

Thanks to all who supported the mission of AAUW through their donations and purchases. A final thank you to our hostesses, Deb Fanning and Sue Keeney, who provided delicious treats and snacks.

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For every dollar a man makes, a woman makes seventy-eight cents



SHORT CHANGED

It takes a woman about 15 months to earn what a man earns in 12 months. This Equal Pay Day, April 14, you can raise awareness and take action to end the gender pay gap in your community.

To Learn More, Visit WWW.AAUW.ORG



April Calendar

- 2 DAT –Herstory
- 7 Election Day
- 14 Pay Equity Day
- 18 Super Fund Raiser Style Show
- 21 Book Discussion
- 24 State Covention Elkhart Lake
- 28 Branch Meeting
- 29 Impact Articles to Janet Dow (last issue of the season)

- May** 19 Book Discussion
- 26 Branch Meeting

